



Connection to Community Resources

May 2022

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Check out May's newsletter which features an opportunity to learn ways to improve your connection with others who have experienced Adverse Childhood Experiences (ACEs). Whether you work with kids, provide services to youth, or have your own children, your participation is important to help us make changes and build resiliency in our community. Register today for [Understanding ACEs](#) on May 2nd from 6-8pm.

If you have a resource you'd like shared in an upcoming newsletter or if you would like to connect regarding your specific situation, please let me know.

Have a great day!

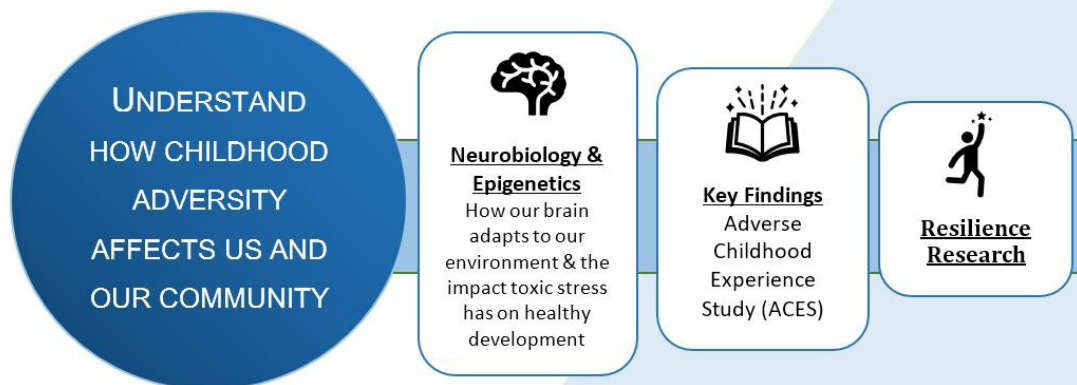
Krista Phillips
Edina Resource Center Manager
Krista.Phillips@edinaschools.org
952-848-3936

Understanding ACEs (Adverse Childhood Experiences) Building Self Healing Communities

MAY 2, 2022 6:00 PM - 8:00 PM

[REGISTER HERE](#)
bit.ly/ACESMay2

Join us for this important conversation so we can begin to make changes to build resiliency in our community. You will learn about NEAR Science, Key findings in the ACES study and Resilience Research.



Open to All! Parents, Staff, Providers/Employers Serving Youth and Community Members

FREE VIRTUAL EVENT

CEUs available upon request. Please [register](#) by April 29 for the link.

MAY IS NATIONAL MENTAL HEALTH AWARENESS MONTH

National Suicide Prevention Lifeline

- suicidepreventionlifeline.org
- Phone: 1-800-273-TALK (8255)

Crisis Text Line

- www.crisistextline.org
- Text: "MN" to 741741

The Trevor Project

- LGBTQ + specific
- www.thetrevorproject.org
- Phone: at 866-488-7386

Family Response- *New for Residents in Hennepin County*

- Immediate, in-person support and stabilization for children or youth and their parents/caregivers. [click here](#) to learn more.
- Phone: 612-979-9511 Monday through Friday: 10 a.m. to 10 p.m. Emergencies call 911

NAMI Minnesota

- online support groups (individuals/parents/family/caregivers)
- namimn.org/support/resources/crisis-resources

Parent Catalyst Leadership Group

- Parent/Caregiver support group in Hennepin County
- hcpclg.wordpress.com/

SUMMER ACTIVITIES FOR YOUTH

SUMMER 2022 REGISTRATION IS NOW OPEN

Plan your summer and get ready to register. See dates and links below. Check out the [ERC summer](#) page for links to youth programs in and near Edina.



YOUTH ENRICHMENT

KIDS CLUB/WISE GUYS-
SUMMER & 2022-23 SCHOOL
YEAR

PARKS & REC ACTIVITIES

Art Center
Park Programs

ERC SUMMER RESOURCES

DAY CAMPS
OVERNIGHT
CHILD CARE
ATHLETICS
SCHOLARSHIPS

NEEDS-BASED FINANCIAL SUPPORTS

SUMMER GO TIME

Edina Students entering K-12 may be eligible for up to \$550 to participate in Edina Community Ed Camps and classes this summer. Families who have not applied for [Community Ed's 2021-22 Enrichment Financial Aid](#) should complete a Financial Aid Application. If you have been approved for assistance complete a [Summer Go Time Registration Form](#).

EDINA CONNECT CARD

The Connect Card offers financial support to participate in a number of athletic programs as well as programs with Edina Parks & Rec, including pool passes. Cards are good for two year. Learn more and apply at edinacommunityfoundation.org/connect-card

EDINA GIVE AND GO

If you are looking for financial support to a different program than list above this summer, you can apply for funding directly from from [Edinagiveandgo.org/successes/need-help/ & Go](http://Edinagiveandgo.org/successes/need-help/)

For a list of all financial supports visit: EdinaResourceCenter.com/summer/

COMMUNITY RESOURCES

ENERGY ASSISTANCE

Cold weather rule ends April 30. If you need help paying heat, electric or water bills, apply today for Energy Assistance. Applications are due May 31. Qualified applicants may receive a grant paid directly to their utility provider to reduce utility expenses. <https://caphennepin.org/what-we-do/energy-assistance.html>



Community Action
Partnership of Hennepin County

TRANSPORTATION PROGRAMS

Community Action Partnership of Hennepin County is now offering Transportation programs for eligible Hennepin County Residents.

Vehicle Repair Assistance * Transportation Assistance *Auto Insurance Assistance

Programs serving households with incomes at or below 200% of Poverty.

Learn more and apply at: <https://caphennepin.org/what-we-do/transportation-services.html>

VEAP FOOD PANTRY

Fresh produce, perishables and food items of your preference. you can access the pantry 2 times per month. If you don't have a vehicle, ask about options available.

Call **952-888-9616** for an appointment. Serving residents of Edina, Bloomington, Richfield and South Minneapolis zip codes 55410, 55419, and 55417.

Call **952-888-9616** for an appointment.

Para hablar con alguien en español, llame al 952.888.9616 x 1

Чтобы поговорить с кем-то по-русски, звоните 952.888.9616 x 2

veap.org/get-help/give-us-a-call/



VEAP MOBILE PANTRY open to everyone.

Yorktown Continental Apts Edina: 2nd Thursday of each month 2pm-4pm

For other locations: veap.org/events/

NEW LOCATION-- LOAVES & FISHES

Christ The King Lutheran Church, located at 8600 Fremont Ave S. will host meals Monday-Friday 5:00 PM - 6:00 PM. Former sites in Bloomington (Creekside & Oak Grove) are no longer serving meals. loavesandfishesmn.org/dining-sites/



Caregiver Education: Dementia Warning Signs

Alzheimer's and other dementia's cause memory, thinking, and behavior problems that interfere with daily living. Normandale Center for Healing and Wholeness is hosting a free caregiver education session to learn how to recognize common signs of the disease; how to approach someone about memory concerns; the importance of early detection and benefits of a diagnosis; possible tests and assessments for the diagnostic process. Presented by the Alzheimer's Association.

Saturday May 14

9:00 AM - 10:30 AM

[Click HERE for the Zoom link.](#)

Zoom Meeting ID: 883 0227 1324 Passcode:060800

COMMUNITY EVENTS

Listening Sessions on ARPA Funding

Edina is holding listening sessions to gather feedback and ideas as to how to spend the second round of ARPA funds. If you live or work in Edina you are invited to participate.

Noon - 1:00 PM. Tuesday, April 26 (Virtual)

4:30 PM - 5:30 PM Wednesday, April 27 (Hughes Pavilion, Centennial Lakes Park)

7:00 PM - 8:00 PM Thursday, April 28 (Virtual)

REGISTER HERE

<https://www.bettertogetheredina.org/arpa>

You can also submit ideas to the link above until April 30

Step To It Challenge

May 1-28

Free

[Register Here](#)

Record your activities (walking, running, yardwork, even housework counts!) and compete with others to win prizes. Plus help Edina defeat some other Hennepin County communities.

Arbor Day Planting

Friday, May 6

10 a.m.- 1pm

Roseland Park

Register to volunteer at <http://bit.ly/37PdxXE>.
Event will be lead by Tree Trust. learn more at:
edinamn.gov/CivicAlerts.aspx?AID=1866

Barnyard Babies

Saturday, May 14
10 a.m.-noon Rosland Park
\$5/child
[Register Here](#)

Ages 1-7 Full-size petting zoo, pony rides and kid-friendly music for dancing. Adults must provide supervision. Registration is required.

Vehicle Day

Saturday, May 21
10 a.m.-noon
Southdale Center parking lot

All ages Get up close to fire trucks, police cars, snowplows, buses and more! Children must be supervised by an adult. Event will be held rain or shine.

Edina Resource Center

Your Connection to Community Resources, Services and Information
Free, confidential service for anyone who lives, works or goes to school in Edina
952-848-3936

Contact@EdinaResourceCenter.com

Visit our Website