



Edina Resource Center Newsletter

August 2020

Greetings!

As we head into the fall season, things may not look or feel the same as it did a year ago. We are all adapting and trying to cope with the ever-changing realities we are faced. Thankfully our community organizations continue to adapt and serve, often going above and beyond, to meet the growing needs and supports for our community.

Below you will find timely resources for parents, caregivers, as well as back to school. There are a variety of supports available and I am happy to connect you to additional resources specific to your situation.

If you have something you would like to have included in an upcoming newsletter please let me know.

Stay safe,

Krista Phillips
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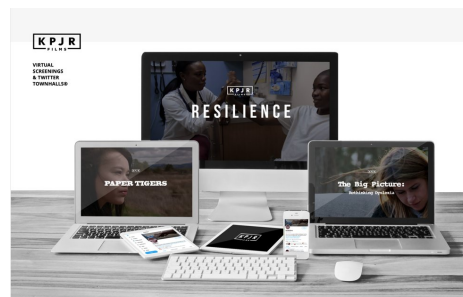
Resources & Opportunities

Learn about the High Impact of ACES (Adverse Childhood Experiences)

Free Viewing- Resilience, Paper Tigers & The Big Picture: Rethinking Dyslexia

KPJR FILMS is hosting a free global virtual screening of the award-winning films Resilience, Paper Tigers, and The Big Picture: Rethinking Dyslexia in collaboration with the UK-based International Festival of Learning between Tuesday, August 25 and Friday, August 28th, 2020.

[Register online](#) by Aug 23 to get access.



Get Tested for COVID-19



- Open to everyone
- Symptoms or no symptoms
- Free, no insurance needed

Tuesday, August 25, 2020
11:00 AM – 7:00 PM

McKnight Early Childhood Family
Development Center
4225 3rd Ave S., Minneapolis, MN 55409

Sign up for an appointment time now.

This helps us keep wait times short and give people plenty of space.

Register online:

<https://www.primarybio.com/r/pica>

For more info:

<https://www.health.state.mn.us/diseases/coronavirus/testsites/>

Hmong, Spanish, and Somali interpreters are available.

If you are not able to sign up online, or need a translator, call 1-855-612-0677 for assistance.



Minnesota Department of Health | health.mn.gov | 651-201-5000
Contact health.communications@state.mn.us to request an alternate format.
08/06/2020

[register online for an appointment](#)

COVID-19 TESTING LOCATIONS IN MN

Mobile Food Pantry

VEAP is loading up their Mobile Pantry and heading to Edina the 2nd Thursday of each month. Fresh produce and healthy food options will be available. If you need additional food support beyond this mobile pantry visit, please call VEAP at 952-888-9616.

Yorktown Continental Apartments

Thursday, September 12 / October 8

2:00pm-3:30pm [website](#)



CENSUS 2020 -It's not too late to be counted!

Census takers are now out visiting households that haven't yet responded to the 2020 Census.

To avoid the knock, complete your census online at 2020Census.gov or call 1-844-330-2020 to be counted.

All Census takers will wear their official 2020 Census ID Badges and use a 2020 Census Phone/Ipad to complete your census.



Emergency Rental Assistance

Hennepin County residents who have been financially harmed by COVID-19 may qualify for emergency assistance to help with rent and other housing costs.

[Learn more and apply online](#)

Twin Cities Mutual Aid Map

Updated daily with locations in the Twin cities offering **food, hygiene items, cleaning supplies** and more.

Find out where to access resources and which locations are accepting donations. Search by type of item, zip code and more. Website is accessible in multiple languages.

<https://twin-cities-mutual-aid.org/>



Parent Resources Supporting Children's Mental Health

Hennepin County Children's Mental Health Collaborative has pulled together a variety of [Parent Resources Supporting Children's Mental Health](#) during the Covid-19 pandemic.



Fall Sports-Activities-Classes and More

Registration for Fall sports and activities is now open. Click on the [2020 Fall/Winter Youth Activities & Sports Listing](#) for registration deadlines, websites and scholarships available.



Edina Park and Rec Programs: [Fall Directory](#)

Edina High School: [Register today!](#)

[Edina Give and Go](#) can help families with financial barriers to access activities

Powerful Tools for Caregivers

Presented by: Normandale Center for Healing and Wholeness
Mondays: Sept 21- Oct. 26, 2020 2 PM-4 PM

This free 6-week workshop will connect you with other caregivers to gain knowledge and self-care tools to help you care of yourself while caring for the ones you love.

Workshop will take place by Zoom.

The Caregiver Helpbook (\$25) is required for class.

Register by September 10: info@normandalecenter.org

Support Groups with Normandale Center for Healing and Wholeness

Alzheimer's Caregiver Support Group

Sat. Sept 12, 10:30am-12:00pm

Wed. Sept 16. 6:00pm-7:30pm

Sat. Oct 10, 10:30am-12pm

Wed. Oct 14, 6:00pm-7:30pm



Caregiver Support Group

Wednesdays, 6:00pm-6:40pm

Sat. Sept 12, 9:00am-10:30pm

Tues. Sept 22, 12:30-2pm

Sat. Oct 10, 9:00am-10:30am

Tues. Oct 27, 12:30-2pm

normandalecenter.org/calendar

Edina Schools Information

GET READY FOR BACK TO SCHOOL

School Begins in Edina on Tuesday, Sept 8

[2020-21 Family Dashboard](#) - is the go to place for information and updates throughout the year for families on learning models, safe spaces, covid monitoring, **mental health wellness**, FAQs and more.



[2020-21 Family Handbook](#) is now available.

School Supply Lists for 2020-21

[Concord](#) [Cornelia](#) [Countryside](#) [Creek Valley](#) [Highlands](#) [Normandale](#)
[South View](#) [Valley View](#) [Edina High School](#)

If you feel you need assistance purchasing school supplies for your student, please contact your school social worker.

Thank you VEAP for collecting supply donations for Edina Students!

Meal Benefits- Free & Reduce Lunch Program

Applications for free and reduced lunch benefits are now open. Families who were enrolled last school year need to complete a form each year. [Click here](#) to learn more about eligibility and the process.



Links to Meal Benefit Application:

[English](#) [Somali](#) [Spanish](#)

EVENTS

Edina Farmers Market

Thursdays, through Sept 24
3pm-7pm
Rosland Park, (*Parking lot by Edina Aquatic Center*)
[website](#)



Museums Now Open

[Science Museum of Minnesota](#)
Re-Opening Sept 4

[Walker Art Center](#)
Time Tickets required
Sculpture Garden -open

[The Works Museum](#)
Limited Programs/Virtual

[Minnesota's Children's Museum](#)
Advanced tickets required

[MN Landscape Arboretum](#)
Advanced tickets required

ANNUAL EVENTS CANCELED IN 2020



Fall in to the Arts
Sept. - canceled
[Learn More](#)



Open Streets on 50th
Sept 27th - canceled
[Learn More](#)



Barnyard Babies
Sept 12- canceled
[Learn More](#)

Ways to Give

EPS 2020-2021 MENTAL HEALTH CAMPAIGN

HEAL TOGETHER

FROM AWARENESS TO WELLNESS

Where your donations go:



Make a difference:

1. DONATE ONLINE AT [HTTPS://WWW.EDINAEDFUND.ORG/S/MENTAL-HEALTH-DONATE](https://www.edinaedfund.org/s/mental-health-donate)
2. TEXT "HEAL TOGETHER" TO 508-433-3863
3. VENMO EDINA-EDFUND, NOTE "HEAL TOGETHER"

Infographic by Ellen Mi, EHS senior and Ed Fund Student Board Member



Edina Give and Go is focused on unlocking opportunities for students, from academics to the arts to athletics. We are a mission-aligned partner of Edina Public Schools, uniquely positioned to remove financial barriers to participation for students. Students may access up to \$500 during the school year and \$500 during the summer.

Your support will help unlock opportunities for students including our new Learning Support options. To support our mission and students, [donate online](#) today

Common Resources Serving Edina

- [Bloomington Public Health](#) (serves Edina Residents)
- [Community Action Partnership of Hennepin County](#)
- [City of Edina](#)
- [Conflict Resolution Center](#) (mediation)
- [Edina Community Education](#)
- [Edina Public Schools](#)
- [Hennepin County Services](#)
- [Senior Community Services](#) (aging support/resources)
- [Transit Link](#)
- [United Way - Twin Cities 2-1-1](#)
- [VEAP](#) (food)



For a full list of common resources click [here](#).

The Edina Resource Center is your connection to community resources, services and information. Our services are free and confidential. We serve anyone who lives, works or goes to school in Edina. To learn more about the Edina Resource Center visit our [website](#) or call 952-848-3936. We are open Monday-Friday 8am-4:30pm to help connect you to the resources you need.

Edina Resource Center
5701 Normandale Road
Edina, MN 55424
952.848.3936

[VISIT OUR WEBSITE](#)