



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DIYAAR U NOQO XILIGA XAGAAGA SOO SOCDA

XILIGA XAGAAGA EE SOO SOCDA, KURAYADU LACAG
LA'AAN AYEY KU ISTICMAALI KARAAN Y DA *.

Ma kuu joogaa kuray doonaya inuu
ku soo biiro oo xubin ka noqdo
xarumahayaga xiliga xagaaga? Kala
xiriir Y-da ku taal deegaankaaga
wixii faah faahin ah ee la xiriira sidii
looga caawin lahaa ku biirida rugahaa
ymcamn.org/locations Ka ogow wax
badan oo arrintan ah shabakada
(website-ka) ymcamn.org/getsummer

Y du waxa ay jeelaan lahayd in ay uga mahad celiso
hay'ada Schulze Family Foundation deeqdeeda ay na
siiso ee naga caawisa u fidinta dadka dhalinta yar
deegaan amaan ah iyo ka qayb galada barnaajiyada
ku saabsan hirgelinta saxa u noolaanshaha, dhisida
qumanaanta iyo hogaaminta iyo gargaarida ku
najaxida wax barashada iyo nolosha inteeda kaleba.

**YMCA-da ku yaal Agagaarka Magaalooinka
Mataanaha ah (Minneapolis iyo St. Paul)**
ymcamn.org/getsummer

Borogaraamka la yiraa "Get Summer" waxa uu siiyaa
kurayda deegaan amaan ah oo ay ku ciyaraan si ay
u noqdaan shakhsiyaad quman, oo hore u mariya
xirfadahooda la xiriira bulshada, xaadifada, qumanaanta
iyo hogaaminta kuwaa oo gargaara ku najaxida wax
barashada iyo nolosha inteeda kaleba.

Dhalinyaraddu waxa ay tagi 26 goobood oo ah YMCA
da ku yaal Magaalooinka Mataanaha ah Goobaha
Magaalooyinka (Cities) iyo Rochester ku yaali waxay
leeyihin kubadda kolayga, dabaal, rugo jimicsi, fasalo
kooxo wada jir u wada jimicsadaan, Wi-Fi lacag la'aan ah,
cuntooyin nafaqo leh, fursado adeeg iyo iyo horumarinta
hogaaminta.

**Si aad isu qorto booqo YMCA da xaafadaadda inta u
dhaxeeysa Maajo 28 iyo Juun 14, 2018.**

**Ka ogow wax badan oo arrintan ah shabakada
(website-ka) ymcamn.org/getsummer**

*Xubinimada lacag la'aan ta ah waxaa heli kara kurayda galaya fasalada 9-12 ee aan
horey u lahayn xubinimada YMCA da 60 kii cisho ee la soo dhaafay laga bilaabo Juun
3 illaa Ogosto 31, 2019. 300-400 boos ayaa laga heli karaa laantiiba iyadoo hadba
ku xiran goobtu inta dad ah ee ay qaado.