



# Edina Resource Center Newsletter

January 2018

Greetings!

Is health and wellness on your mind as we start the new year? Below you'll find a number of events and resources, many free, to keep you active, healthy and happy in 2018. January is also the start of tax season. If you make \$66,000 or less a year there are a number of FREE Tax Prep options available. Check out this month's focus section for more information.

If you have a resource or event you'd like to share, please let me know.

Have a great 2018!

Krista Phillips  
Edina Resource Center Manager  
952.848.3936  
[contact@edinaresourcecenter.com](mailto:contact@edinaresourcecenter.com)  
[www.edinaresourcecenter.com](http://www.edinaresourcecenter.com)

## Resources & Opportunities

**MNsure Open Enrollment Deadline is here!**

**January 14, 2018 is the final day to sign up for MNsure**

MNsure's [online comparison tool](#) will help you research and compare health plans. This tool identifies premiums, deductibles, any tax credits you are eligible for, and even provides an estimate for out-of-pocket costs based on your health profile.



**Navigators** are available to assist you through the research and sign-up process. To find one near you, click [here](#).

[MNsure.org](http://MNsure.org)      651-531-2099

**Free Radon Tests for Edina Residents**

January is National Radon Action Month. The Edina Health Division will offer residents free radon test kits January 1st-19th, until supplies last. Testing is easy

and only takes three to five days. The best time to test is during the heating season, but testing can be done any time of year. Radon test kits are available at the Police Department.



**Give Kids a  
SMILE**

### Free Dental Care on Feb 2-3

Give Kids a Smile works with dentists and hygienists who volunteer their time and resources to provide free dental care for children ages 3-18 from low income families.

**For an Appointment,** contact a [participating clinic](#) or if you need translation assistance, please call United Way 2-1-1 (1-800-543-7709). Information and Referral Specialists can assist you in Hmong, Somali, and Spanish, Monday-Friday, 8am to 5pm. The referral specialists can place a three-way call to the dental clinic and assist you in making an appointment.

[Click here](#) for flyers on this program in English, Spanish, Hmong or Russian

### Free Dental Care for Adults & Children in Need

free fillings. free extractions. free smiles.

#### 12TH ANNUAL DENTISTRY FROM THE HEART

WEDNESDAY, FEBRUARY 14 | BEGINS AT 7 AM | FIRST-COME, FIRST SERVED

Do you or someone you know need dental care, but can't afford it? Join us for our 12th annual day of free dentistry. All patients will be seen on a first-come, first-served basis. No appointment required. This event provides free limited dental care to those in need. Bring a list of health conditions and a list of all current prescription and over-the-counter medications. New patients only.

Shamblott Family Dentistry  
33 10th Ave N, Hopkins, MN 55343  
952.935.5599 [shamblottfamilydentistry.com](http://shamblottfamilydentistry.com)

### Fitness, Fun and a Flurry of Opportunities with Edina Community Ed

Looking to get active this winter? Choose from a variety of fitness classes like yoga, swimming, hoola hooping, beginning ballet or line dancing. There are more than 40 options available.

Have fun as you try a class in stained glass, knitting, cooking, woodworking or come enhance your computer skills. Find the perfect option for you at [Edina Community Ed](#)



[Financial Assistance](#) is available for those who qualify.

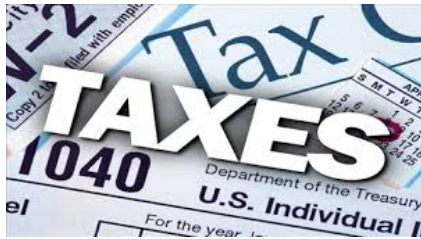
Lightrail Service Change for Sunday, February 4, 2018

Regular lightrail service **will not** operate on gameday to accommodate increased security for the Super Bowl. Bus service will operate instead of the Blue Line and Green Line and between Stadium Village and Target Field. Note: Bus routes will be on Washington Ave South rather than 4th Street in downtown Minneapolis.

Those holding a Super Bowl LII Ticket along with a Gameday Fan Express Pass will go through security checkpoints and board light rail at either Mall of America (Blue Line) or Stadium Village (Green Line) station.

For more information on transportation impacts on Feb.4 and the 10-day festival please visit [mnsuperbowl.com](http://mnsuperbowl.com)

## January Focus: TAXES



**"The hardest thing to understand in the world is the income tax." -Albert Einstein**

Free Tax Help is available with the programs below.

### Prepare + Prosper

Free Tax help (Jan. 20- April 14) for those who qualify.

Income Guidelines:

- Individuals making \$35,000 or less per year
- Families making \$55,000 or less per year

For details on locations and what to bring visit:

<http://prepareandprosper.org/free-tax-preparation/>

Nearby tax clinics will be held in Bloomington & Hopkins. Call 651-287-0187 or go online for an appointment.

### Community Action Partnership of Hennepin County

Free Tax help (Feb-Apr) for those who qualify.

Income Guidelines:

- Individuals making \$35,000 or less per year
- Families making \$50,000 or less per year

For details on what to bring and how to make an appointment

visit: <https://www.caphennepin.org/services/tax-assistance/>

Nearby tax clinics will be held in Bloomington & St Louis Park. Call 952-697-1414 for an appointment.

### MyFreeTaxes

MyFreeTaxes provides free federal and state tax preparation and filing assistance online to individuals and families with household incomes of **\$66,000 or less** in 2017. MyFreeTaxes offers free English and Spanish telephone, email, and online chat support from IRS-certified specialists. The online software uses a simple step-by-step process.

<https://www.unitedway.org/myfreetaxes/>

## Upcoming Events

Jan 14 1:00pm-5:00pm	<b><u>Winter Ice Festival</u></b> <i>Ice Skating, Face Painting, Horse-drawn Wagon rides, &amp; Ice Sculpture demos Centennial Lakes Park</i>
Jan 28 7:00pm-9:00pm	<b><u>Parenting in an Online World: From Digital Citizenship to Online Safety</u></b> – Free Parent Forum South View Middle School
Jan 30 4:30pm-7:00pm	<b><u>Annual Caregiver Forum</u></b> <i>Two presenters to provide tools and approaches for the caregiver. Dinner is provided. RSVP 952.935.8143</i>
Feb 6 4:00pm-5:30pm	<b><u>Memory Cafe' Kickoff</u></b> <i>Free monthly gathering for individuals with dementia and their care partners. Hopkins Library</i>
Feb 10 7:00pm-9:00pm	<b><u>Valentine Concert featuring the Rockin' Hollywoods</u></b> –Dancing Encouraged, event is free Braemer Golf Course Clubhouse
March 2 6:00pm-8:00pm	<b><u>Toast to VEAP</u></b> <i>Kick-off event for March Food Drive</i>
March 5 7:00pm-9:00pm	<b><u>Raising Fiscally Responsible Kids in an Age of Entitlement</u></b> <i>Free Parent Forum Edina Performing Arts Center</i>

## Donation Opportunity of the Month



In Edina, 8.7 percent of EPS students qualify for free or reduced cost meals. 28 percent of households are cost burdened, which means cost of living outpaces income([MN Compass](#)).

Edina Public Schools created the Meal Fund to ease the burden of school meal debt on families in a time of crisis, such as employment instability, illness, death or food insecurity.

Support the Meal Fund today with a donation. The fiscal sponsor, the Edina Education Fund will direct your tax-deductible gift to benefit current EPS students and families.

## Common Resources Serving Edina

[Bloomington Public Health](#)  
[Community Action Partnership of Hennepin County](#)

[City of Edina](#)

[Conflict Resolution Center](#) (mediation)

[Edina Community Education](#)

[Edina Public Schools](#)

[Hennepin County Services](#)

[Senior Community Services](#) (aging support/resources)

[Transit Link](#) (Dial-a-ride) – Oct 1, 2017 Fare Increased to \$3.50/\$4.50 rush-hour

[United Way - Twin Cities 2-1-1](#)

[VEAP](#) (food)



For a full list of common resources click [here](#).

---

The Edina Resource Center is your connection to community resources, services and information. Our services are free and confidential. We serve anyone who lives, works or goes to school in Edina. To learn more about the Edina Resource Center visit our [website](#) or call 952-848-3936. We are open Monday-Friday 8am-4:30pm to help connect you to the resources you need.

Edina Resource Center  
5701 Normandale Road  
Edina, MN 55424  
952.848.3936

---

[VISIT OUR WEBSITE](#)

---

